

GETTING STARTED WITH THE ACCESS TO BABY AND CHILD DENTISTRY (ABCD) PROGRAM

- Please make a dental appointment for your child by his or her **FIRST BIRTHDAY!**
- Please call your dentist **24 hours** in advance if you need to cancel your child's dental appointment
- Tell your child *good things* about going to the dentist! Your ABCD dentist has been trained and certified in the care of young children.

BEFORE THE DENTAL APPOINTMENT

- Please brush your child's teeth prior to the appointment
- Be sure to have a ride scheduled to your appointment (call 1-800-860-6812 if you need a ride)
- If possible, arrange childcare for children that do not have a dental appointment
- Keep a running list of any questions that you have for the dentist and staff.

DAY OF YOUR CHILD'S FIRST DENTAL APPOINTMENT

- Plan to arrive **15 minutes** prior to the appointment to complete paperwork
- Bring your child's **Services Card** to the appointment. The number on the card is your child's unique client number.
- Ask the staff about home care for your child's teeth, fluoride supplements, questions you have about what your child eats or drinks that affects his or her oral health, and more.
- Before you leave the dental office, schedule your child's *next* appointment! With ABCD, your child is entitled for a return dental appointment *every six months*.



KNOW THAT....

- You have the right to be respected and for your child to receive the highest quality of care from his or her dentist.
- Your child's dentist also has the right to refuse service if you do not show up for a scheduled appointment.

My family can't afford health insurance, but through Apple Health and the Access to Baby & Child Dentistry program, my son and daughter have been able to get their teeth taken care of... (The dentist has) helped them understand what happens if they don't take care of their teeth. He's also taught me a lot about how to help take care of their teeth at home.

Judith Arias, Yakima County ABCD parent